

Quick guide to endorsing the WHO proposal online: *Recognition of "Disorders Due to the harmful use of foods"*

1. Go to: <https://icd.who.int/dev11>
 2. Click on '**Register**', top right.
 3. Enter your email address and create a password. Click 'Register'.
 4. You will get an email confirmation link - click on it and follow it back to the website.
 5. When you log in, a new webpage entitled '**User Profile**' will ask for more details. For lay people, suggested responses could be:
 - organisation/affiliation: this field is required, but you can put 'None'.
 - birth year: not required, you can leave blank.
 - Declaration of conflict of interest: 'ICD' means 'International Classification of Diseases', which will be familiar to medical practitioners. For lay people wishing to support this from a lived experience point of view, just leave these un-ticked.
 6. **Optional information:**
 - Rate your knowledge of ICD on a scale of 0-10: just put zero here.
 - I am interested in (check all that apply): optional, but perhaps just tick 'Making comments on ICD categories'.
 - The rest can also be ignored unless you wish to add further information, such as 'I do not use ICD'.
 7. Press 'Save' at the bottom.
 8. You are then set up and ready to proceed. Ensure you are still logged in and go straight to:
<https://icd.who.int/dev11/proposals/f/icd/en#/http://id.who.int/icd/entity/590211325?readOnly=true&action=AddNewEntityProposal&stableProposalGroupId=ae3246d7-6365-4a7b-866d-b4f2d29a5205>
 9. This is the proposal for which we are seeking 500 support signatories as soon as possible. Scroll down and it would be great if you could add your support by selecting '**Agree**' wherever possible.
 10. You can also add a comment yourself at the bottom if you are happy to do so. It will show the author's name for any new comment. This can relate to professional or lived experience.
- Finished!